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13 UNITED STATES DISTRICT COURT
14 NORTHERN DISTRICT OF CALIFORNIA
15 SAN FRANCISCO DIVISION

16 STATE OF CALIFORNIA, by and through)
17 ATTORNEY GENERAL XAVIER)
18 BECERRA,)

19 Plaintiffs,)

20 v.)

21 ALEX M. AZAR II, in his OFFICIAL)
22 CAPACITY as SECRETARY of the U.S.)
23 DEPARTMENT of HEALTH & HUMAN)
24 SERVICES; U.S. DEPARTMENT OF)
25 HEALTH & HUMAN SERVICES,)

26 Defendants.)
27)
28)

Case No. 3:19-cv-01184-EMC

**CONSENTED MOTION FOR LEAVE TO
APPEAR AS *AMICI CURIAE* AND TO
FILE AN *AMICUS* BRIEF IN SUPPORT
OF PLAINTIFF'S MOTION FOR A
PRELIMINARY INJUNCTION**

1 on submissions by *Amici* as authoritative sources of medical information on issues concerning
2 women’s healthcare. ¹ *Amici*’s proposed brief is annexed hereto as Exhibit A.

3 The proposed *Amicus* Brief will provide the Court with the specialized perspective and
4 expertise of leading health professional organizations who collectively represent providers of
5 women’s healthcare, including reproductive healthcare. Well-established and evidence-based
6 standards of healthcare services recommend nondirective pregnancy counseling and access to
7 contraception as essential components of health care. *Amici* are directly involved in the provision
8 of healthcare for women and adolescents and, as such, have unique insight into the critical
9 importance of this care, as well as the risks posed by restricting providers’ ability to provide such
10 care. Given their specialized knowledge and perspective, amici believe that their brief will be
11 helpful to the Court on this Motion for a Preliminary Injunction.

12 For these reasons, *Amici* respectfully request that their motion be granted and that *Amici*
13 be granted leave to file the *Amicus* Brief attached as Exhibit A.

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18 _____
19 ¹ See, e.g., *Whole Woman’s Health v. Hellerstedt*, 136 S. Ct. 2292, 2312, 2315 (2016) (citing
20 *amicus* brief submitted by ACOG, AAP, and other health professional organizations in reviewing
21 clinical and privileging requirements); *Burwell v. Hobby Lobby Stores, Inc.*, 573 U.S. 682, 761
22 (2014) (Ginsburg, J. dissenting) (citing *amicus* brief submitted by ACOG and other health
23 professional organizations in its discussion of how contraceptive coverage helps safeguard the
24 health of women for whom pregnancy may be hazardous); *Stenberg v. Carhart*, 530 U.S. 914,
25 932–36 (2000) (quoting ACOG’s *amicus* brief extensively and referring to ACOG as among the
26 “significant medical authority” supporting the comparative safety of the healthcare procedure at
27 issue); *Planned Parenthood Ariz., Inc. v. Humble*, 753 F.3d 905, 916–17 (9th Cir. 2014) (citing
28 brief submitted by *amici* ACOG and other medical organizations in further support of a particular
medical regimen), cert. denied, 135 S. Ct. 870, 190 (2014); *Stuart v. Camnitz*, 774 F.3d 238, 251–
52, 254–55 (4th Cir. 2014) (citing ACOG’s *amicus* brief and committee opinion in its discussion
of informed consent); *Planned Parenthood of Wis., Inc. v. Van Hollen*, 738 F.3d 786, 790 (7th
Cir. 2013) (citing ACOG’s *amicus* brief in evaluating the relative safety of abortion and other
outpatient procedures); *Greenville Women’s Clinic v. Bryant*, 222 F.3d 157, 168 (4th Cir. 2000)
(extensively discussing ACOG’s guidelines and describing those guidelines as “commonly used
and relied upon by obstetricians and gynecologists nationwide to determine the standard and the
appropriate level of care for their patients”).

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Date: April 8, 2019

Respectfully submitted,

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EXHIBIT A

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**UNITED STATES DISTRICT COURT
NORTHERN DISTRICT OF CALIFORNIA
SAN FRANCISCO DIVISION**

STATE OF CALIFORNIA, by and through
ATTORNEY GENERAL XAVIER
BECERRA,

Plaintiffs,

v.

ALEX M. AZAR II, in his OFFICIAL
CAPACITY as SECRETARY of the U.S.
DEPARTMENT of HEALTH & HUMAN
SERVICES; U.S. DEPARTMENT OF
HEALTH & HUMAN SERVICES,

Defendants.

) Case No. 3:19-cv-01184-EMC

) **AMICUS BRIEF IN SUPPORT OF
PLAINTIFFS' MOTION FOR
PRELIMINARY INJUNCTION**

) Date: April 18, 2019
) Time: 12:30 p.m.
) Dept: Courtroom 5, 17th Floor
) Judge: Hon. Edward M. Chen

) Action Filed: March 4, 2019
) Trial Date: None Set

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1 through education, research, advocacy, and the provision of expert advice. The AAP has worked
2 with the federal and state governments, health care providers, and parents on behalf of America's
3 families to ensure the availability of safe and effective reproductive health services.

4 ACP is the largest medical specialty organization in the United States with members in
5 more than 145 countries worldwide. ACP membership includes 154,000 internal medicine
6 physicians (internists), related subspecialists, and medical students. Internal medicine physicians
7 are specialists who apply scientific knowledge and clinical expertise to the diagnosis, treatment,
8 and compassionate care of adults across the spectrum from health to complex illness.

9 SAHM, founded in 1968, is a non-profit multidisciplinary professional society committed
10 to the promotion of health, well-being, and equity for all adolescents and young adults by
11 supporting adolescent health and medicine professionals through the advancement of clinical
12 practice, care delivery, research, advocacy, and professional development. It strives to empower
13 its 1,200 members who are professionals and trainees in medicine, nursing, research, psychology,
14 public health, social work, nutrition, education and law from a variety of settings. Through
15 education, research, clinical services and advocacy activities, SAHM enhances public and
16 professional awareness of adolescent health issues among families, educators, policy makers,
17 youth-serving organizations, students in the field as well as other health professionals around the
18 world. SAHM continues to advocate on behalf of all adolescents and young adults both on federal
19 and state government levels for the availability of safe and effective reproductive health services.

20 Founded in 1977, SMFM is the medical professional society for obstetricians who have
21 additional training in the area of high-risk, complicated pregnancies. Representing over 4,000
22 members who care for high-risk pregnant women, SMFM supports the clinical practice of
23 maternal-fetal medicine by providing education, promoting research, and engaging in advocacy
24 to reduce disparities and optimize the health of high-risk pregnant women and their babies. SMFM
25 and its members are dedicated to optimizing maternal and child outcomes, and assuring that
26 medically appropriate treatment options are available is critically important. SMFM has
27 advocated at the state and federal level to ensure that high-risk women have access to high-quality,
28

1 preventive health care and family planning services prior to pregnancy to improve maternal and
2 infant health outcomes.

3 INTRODUCTION AND SUMMARY OF ARGUMENT

4 *Amici* are leading medical societies in the United States whose members collectively
5 provide medical care to people in all stages of their lives. *Amici* are dedicated to the provision of
6 evidence-based, quality health care and work to promote health policies based on science and
7 evidence. *Amici* recognize that the provision of evidence-based, quality reproductive health care
8 is essential to the overall health of individuals and, accordingly, oppose government interference
9 through the imposition of restrictions that will create cultural, geographic, financial or legal
10 barriers to care. Although the plaintiffs in this action have carefully briefed this Court on the need
11 for an immediate injunction, *Amici*—whose ethical codes, policies, and guidance represent the
12 considered judgment of the medical community in the United States—submit this brief to directly
13 highlight for the Court the extreme, immediate, and irreparable harm that will result to millions
14 of Americans and to the integrity of the patient-provider relationship if this Court fails to enjoin
15 the rule at issue.

16 The rate of unintended pregnancy is higher in the United States than in most other
17 developed countries.¹ Low-income women have disproportionately high rates of unplanned
18 pregnancies, as well as disproportionately high rates of adverse reproductive health outcomes.²
19 For decades, Title X of the Public Health Services Act (“Title X”) has provided funds that enable
20 low-income women and men to obtain essential preventive and reproductive healthcare at low or
21 no cost. Services historically available through Title X health care providers include FDA-
22 approved contraceptive methods and counseling services, well-woman exams, breast and cervical
23 cancer screenings, screening and treatment for sexually transmitted infections (“STIs”), testing
24 for HIV, pregnancy testing and counseling, and other patient education and/or health referrals.

25 ¹ ACOG, Comm. on Health Care for Underserved Women, *Opinion No. 615: Access to*
26 *Contraception*, 125 OBSTETRICS & GYNECOLOGY 250, 251 (2015), available at
27 [https://www.acog.org/-/media/Committee-Opinions/Committee-on-Health-Care-for-](https://www.acog.org/-/media/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/co615.pdf?dmc=1&ts=20190407T1339146283)
28 [Underserved-Women/co615.pdf?dmc=1&ts=20190407T1339146283](https://www.acog.org/-/media/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/co615.pdf?dmc=1&ts=20190407T1339146283) (reaffirmed 2017).

² *Id.*

1 The regulation promulgated by the Department of Health and Human Services (“HHS”) entitled
2 “Compliance with Statutory Program Integrity Requirements” (the “Final Rule”) threatens to
3 restrict the quality and availability of this reproductive health care for low-income individuals. It
4 also puts providers in ethically compromised positions, requiring that providers refer patients for
5 care that is not medically indicated or consistent with the patient’s desires. These radical changes
6 will have disproportionate effects on vulnerable populations, such as people of color and
7 individuals living in rural or underserved areas, who face structural barriers in access to care.

8 For more than 2,500 years, the practice of medicine has been guided by principles of
9 medical ethics. The patient-physician relationship is the central focus of all ethical concerns, and
10 the welfare of the patient must form the basis of all medical judgments.³ A fundamental principle
11 of medical ethics, which applies equally to the health care services offered in family planning
12 clinics as in any other context, is that providers must respect the autonomy of their patients.⁴
13 Providers should serve as their “patient’s advocate and exercise all reasonable means to ensure
14 that the most appropriate care is provided to the patient.”⁵

15 The Final Rule ignores these longstanding ethical principles. It dictates mandatory
16 referrals for patients to prenatal care, limits providers’ ability to answer their patients’ questions,
17 and undermines protections for low-income people who seek evidence-based reproductive health
18 care. If a patient presents to a Title X clinic with an unintended pregnancy, the Final Rule limits
19 the provider’s ability to discuss abortion care with his or her patient. If a patient expressly states
20 that she wishes to terminate her pregnancy, the Final Rule prohibits the provider from referring
21 for abortion care, and requires the provider to refer the patient to a health care provider for prenatal
22 care.⁶ The Final Rule does allow providers to supply a list of referrals to primary health care

23 ³ ACOG, CODE OF PROFESSIONAL ETHICS 1 (2018), *available at* <https://www.acog.org/About-ACOG/ACOG-Departments/Committees-and-Councils/Volunteer-Agreement/Code-of-Professional-Ethics-of-the-American-College-of-Obstetricians-and-Gynecologists>.

24 ⁴ *Id.*

25 ⁵ *Id.* at 2.

26 ⁶ Compliance with Statutory Program Integrity Requirements, 84 Fed. Reg. 7714, 7787–90 (Mar.
27 4, 2019) (to be codified at 42 C.F.R. §§ 59.5(a)(5), 59.14, 59.16).
28

1 providers, but the majority of providers on this list *cannot* provide abortion care, and neither the
2 list nor the provider can delineate which of the providers on that list actually provide the needed
3 care.⁷ This intentionally inefficient system erodes trust between patients and physicians, inhibits
4 open and frank communication, and creates needless delay for patients who have highly time-
5 sensitive medical needs.

6 The Final Rule impedes the provider’s ability to serve as the “patient’s advocate” and to
7 “exercise all reasonable means to ensure the most appropriate care is provided to the patient.”⁸ It
8 further restricts the provider’s ability to offer care consistent with his or her best medical
9 judgment, substantially eroding the patient-provider relationship.

10 The impact of these limitations imposed by the Final Rule on the practice of medicine are
11 serious. When attempting to comply with the Final Rule, many providers will conclude that they
12 cannot do so consistent with their ethical principles, which may lead to vulnerable populations
13 being deprived of the care they need. Even providers who may attempt to comply with the Final
14 Rule will not be able to effectively provide many patients with prompt access to needed care as a
15 result of both the Final Rule’s requirement that women seeking to terminate a pregnancy be
16 referred for medically unnecessary care, and its restrictions on referrals to, and identification of,
17 providers of abortion care. This interference with the patient-provider relationship impairs a
18 patient’s ability to access timely medical care and also threatens to irreparably damage the trust
19 between Title X medical providers and the vulnerable population of patients they serve.

20 Other aspects of the Final Rule will also restrict the availability of evidence-based
21 reproductive healthcare for millions of low-income Americans. For example, the Final Rule states
22 that only physicians and advanced practice providers may provide purportedly “nondirective”
23 counseling to patients—a limit that is both medically unnecessary and contrary to common
24 practice, and also could severely limit patients’ ability to obtain such counseling. Additionally,
25 the “close proximity” requirement could lead to rural health clinics losing Title X status. The

26 _____
27 ⁷ *Id.* at 7789 (to be codified at 42 C.F.R. §§ 59.14(c)(2), 59.14(e)(3)).

28 ⁸ ACOG, CODE OF PROFESSIONAL ETHICS, *supra* note 3, at 2.

1 Final Rule also removes the requirement that Title X projects provide “medically approved”
 2 contraception, threatening to undermine the provision of effective contraception to low-income
 3 women in favor of non-scientific alternatives.

4 In sum, the Final Rule is inconsistent with medical ethics and medical science. The Final
 5 Rule threatens the health of millions of individuals across the United States by imposing burdens
 6 on the provision of reproductive healthcare that are likely to lead to such care being restricted or
 7 compromised. Because of the irreparable harm that will be caused by the Final Rule and the
 8 substantial medical ethics concerns posed by its terms, *Amici* urge this Court to issue an immediate
 9 injunction.

10 ARGUMENT

11 **I. TITLE X ENABLES HEALTH CARE PRACTITIONERS TO PROVIDE LOW- 12 INCOME AND VULNERABLE PATIENTS ACCESS TO CRITICAL HEALTH 13 CARE SERVICES**

14 All people—regardless of their economic circumstances—should receive medically
 15 accurate, evidence-based, and quality reproductive health care. For low-income women, publicly
 16 funded reproductive health clinics are an important source of family planning services.⁹ Signed
 17 into law by President Richard M. Nixon and enacted with broad bipartisan support,¹⁰ Title X is
 18 the only federal grant program dedicated exclusively to providing low-income patients with
 19 essential family planning and preventive health services and information.¹¹ These include, for
 20 example, cancer and sexually transmitted infection (“STI”) screenings, well-woman exams,
 21

22 ⁹ Laurie Sobel et al., HENRY J. KAISER FAMILY FOUNDATION, *New Title X Regulations:
 23 Implications for Women and Family Planning Providers* 2 (Mar. 8, 2019), available at
 24 <https://www.kff.org/womens-health-policy/issue-brief/new-title-x-regulations-implications-for-women-and-family-planning-providers/>.

25 ¹⁰ Richard Nixon, *Statement on Signing the Family Planning Services and Population Research
 26 Act of 1970*, Am. Presidency Project (Dec. 26, 1970), available at
<https://www.presidency.ucsb.edu/node/240809>.

27 ¹¹ OFFICE OF POPULATION AFFAIRS, PROGRAM REQUIREMENTS FOR TITLE X FUNDED FAMILY
 28 PLANNING PROJECTS 5 (2014), available at <https://www.hhs.gov/opa/sites/default/files/Title-X-2014-Program-Requirements.pdf>.

1 contraceptive and pregnancy counseling, and other health referrals, with priority given to persons
2 from low-income families. By statute, Title X funding is not used for abortions.¹²

3 To date, the benefits of medical care provided through Title X projects have been
4 significant. Title X funds are integral in ensuring that safe, timely, and evidence-based care is
5 available to all patients seeking such care regardless of financial circumstances. According to the
6 HHS Office of Population Affairs, access to quality family planning and reproductive health
7 services is “integral to overall good health for both men and women.”¹³ In 2017 (the most recent
8 year for which statistics are available), more than four million individuals obtained Title X
9 services.¹⁴ 67% of those individuals had family incomes at or below the poverty level, and 42%
10 of those individuals were uninsured.¹⁵ As a result of services made available through programs
11 such as Title X, the United States has had a dramatic drop in the unintended pregnancy rate, which
12 reached a 30-year low in 2011.¹⁶ Indeed, Title X funding helps prevent nearly one million
13 unintended pregnancies each year.¹⁷

14 Title X also provides other important preventive reproductive health care services for
15 patients. In 2017, Title X projects provided over five million STI tests, approximately 700,000

16 ¹² 42 U.S.C. § 300a-6 (2012).

17 ¹³ *Family Planning Guidelines*, OFFICE OF POPULATION AFFAIRS,
18 <https://www.hhs.gov/opa/guidelines/program-guidelines/index.html> (last updated Nov. 22, 2016)
19 (“Few health services are used as universally. In fact, more than 99% of women aged 15–44 who
have ever had sexual intercourse have used at least one contraceptive method.”).

20 ¹⁴ CHRISTINA FOWLER ET AL., OFFICE OF POPULATION AFFAIRS, TITLE X FAMILY PLANNING
21 ANNUAL REPORT: 2017 NATIONAL SUMMARY 8 (Aug. 2018), *available at*
<https://www.hhs.gov/opa/sites/default/files/title-x-fpar-2017-national-summary.pdf> [hereinafter
TITLE X ANNUAL REPORT].

22 ¹⁵ *Id.* at 21, 23–24.

23 ¹⁶ Lawrence B. Finer & Mia R. Zolna, *Declines in Unintended Pregnancy in the United States,*
24 *2008–2011*, 374 NEW ENG. J. MED. 843, 850 (2016), *available at*
25 <https://www.nejm.org/doi/full/10.1056/NEJMsa1506575>. These services include offering
26 contraceptives to patients. Of the 3.1 million female clients considered at risk of unintended
pregnancy, 70% left Title X providers with effective contraceptives. TITLE X ANNUAL REPORT,
supra note 14, at ES-2, B-11.

27 ¹⁷ *Fact Sheet: Publicly Funded Family Planning Services in the United States*, GUTTMACHER
28 INST. at 3 (Sept. 2016), *available at* [https://www.guttmacher.org/sites/default/files/factsheet/fb_](https://www.guttmacher.org/sites/default/files/factsheet/fb_contraceptive_serv_0.pdf)
[contraceptive_serv_0.pdf](https://www.guttmacher.org/sites/default/files/factsheet/fb_contraceptive_serv_0.pdf).

1 Pap tests (used to detect cervical cancer), and 900,000 clinical breast exams.¹⁸ It is estimated that
 2 in 2010 alone, services provided by Title X projects helped avert 53,450 chlamydia infections,
 3 8,810 gonorrhea infections, 250 HIV infections, and 6,920 cases of pelvic inflammatory disease.¹⁹

4 The impact of prior state laws that restricted service providers like Planned Parenthood,
 5 which is the largest Title X service provider, further underscores the vital role of Title X providers.
 6 In 2013, when Texas excluded Planned Parenthood from a state program serving low-income
 7 patients, the number of women using the most effective methods of birth control decreased by
 8 35%, and the number of births covered by Medicaid increased by 27%.²⁰ Similarly, when public
 9 health funding cuts in Indiana forced many clinics providing STI testing, including Planned
 10 Parenthood health centers, to close, rural areas of the state experienced a dramatic HIV outbreak.²¹
 11 The services offered by Title X service providers are critical in reducing unintended births and
 12 protecting the population of the United States against dangerous and avoidable STIs.

13 Despite the instrumental role of Title X service providers in this country, the United States
 14 is facing a shortage of practitioners who can provide reproductive health care services, and this
 15 trend, which especially impacts rural and underserved communities, is expected to worsen.²² If

16 ¹⁸ TITLE X ANNUAL REPORT, *supra* note 14, at 41–48.

17 ¹⁹ Adam Sonfield, *Beyond Preventing Unplanned Pregnancy: The Broader Benefits of Publicly*
 18 *Funded Family Planning Services*, 17 GUTTMACHER POL'Y REV. 2, 3 (2014), available at
https://www.guttmacher.org/sites/default/files/article_files/gpr170402.pdf.

19 ²⁰ Amanda J. Stevenson et al., *Effect of Removal of Planned Parenthood from the Texas Women's*
 20 *Health Program*, 374 NEW ENG. J. MED. 853, 853 (2016), available at
<https://www.nejm.org/doi/full/10.1056/nejmsa1511902>.

21 ²¹ Hal C. Lawrence & Debra L. Ness, *Planned Parenthood Provides Essential Services That*
 22 *Improve Women's Health*, 166 ANNALS INTERNAL MED. 443, 444 (2017).

23 ²² For example, about half of the counties in the United States currently lack an ob-gyn, and
 24 ACOG projects that by 2030 there will be an 18% nationwide shortage of ob-gyns. WILLIAM F.
 25 RAYBURN, ACOG, THE OBSTETRICIAN-GYNECOLOGIST WORKFORCE IN THE UNITED STATES 4,
 121 (2017), available at <https://m.acog.org/~media/BB3A7629943642ADA47058D0BD0D1521.pdf>. Similarly, the Association of American Medical Colleges has projected a shortfall of
 26 as many as 49,300 primary care physicians and as many as 72,700 non-primary care physicians
 27 by 2030. TIM DALL ET AL., COMPLEXITIES OF PHYSICIAN SUPPLY AND DEMAND: PROJECTIONS
 28 FROM 2016 TO 2030 at v (2018). The United States is expected to need nearly 52,000 additional
 primary care physicians by 2025. See, e.g., Stephen M. Petterson et al., *Projecting US Primary
 Care Physician Workforce Needs: 2010-2025* 10 ANNALS FAM. MED. 503, 507 (2012), available
 at <http://www.annfammed.org/content/10/6/503.full.pdf>.

1 Title X facilities are no longer able to serve as many patients or, worse, are forced to close as a
2 result of the Final Rule, this problem will be exacerbated, causing irreparable harm to the ability
3 of providers to care for their patients, and will result in a critical gap in needed care for patients
4 in underserved communities.

5 **II. THE FINAL RULE IS INCONSISTENT WITH CORE PRINCIPLES OF**
6 **MEDICAL ETHICS AND RESTRICTS PRACTITIONERS' ABILITY TO**
7 **PROVIDE CARE CONSISTENT WITH THEIR BEST MEDICAL JUDGMENT**

8 The medical profession has long subscribed to a body of ethical statements developed
9 primarily for the benefit of the patient. Medical professionals must recognize responsibility to
10 patients first and foremost.²³ Several fundamental principles underlie a physician's ethical
11 obligations, including respect for patient autonomy, beneficence, informed consent, trust, honesty,
12 and confidentiality.²⁴ Medical decisions should be based on the patient's wishes and the medical
13 provider's best judgment. Political interference in the provision of care between a patient and
14 medical provider undermines the strength of the relationship and the provision of quality health
15 care.

16 The Final Rule adds new requirements on patient counseling that restrict the ability of
17 Title X providers to supply information to their patients regarding abortion care even where a
18 patient specifically desires that course of treatment.²⁵ The Final Rule also requires that providers
19 refer patients seeking to terminate a pregnancy for care that they may not desire and that is not
20 medically indicated.²⁶ These requirements place providers in ethically compromised situations
21 and severely damage the foundation of the patient-provider relationship.

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24 ²³ AMA, AMA CODE OF MEDICAL ETHICS (2016), available at [https://www.ama-](https://www.ama-assn.org/sites/ama-assn.org/files/corp/media-browser/principles-of-medical-ethics.pdf)
25 [assn.org/sites/ama-assn.org/files/corp/media-browser/principles-of-medical-ethics.pdf](https://www.ama-assn.org/sites/ama-assn.org/files/corp/media-browser/principles-of-medical-ethics.pdf).

26 ²⁴ *Id.*; ACOG, CODE OF PROFESSIONAL ETHICS, *supra* note 3, at 1.

27 ²⁵ 84 Fed. Reg. at 7787–90 (to be codified at 42 C.F.R. §§ 59.5, 59.14, 59.16).

28 ²⁶ *Id.* at 7789 (to be codified at 42 C.F.R. § 59.14(b)).

1 **A. The Final Rule Undermines Patient Autonomy By Restricting Medical**
 2 **Information and Referrals Available to Patients**

3 Respect for patient autonomy is a fundamental principle of medical ethics. It entitles
 4 patients to obtain care that is free from “controlling interferences by others and from personal
 5 limitations that prevent meaningful choice, such as inadequate understanding.”²⁷ It also
 6 “acknowledges an individual’s right to hold views, to make choices, and to take actions based on
 7 her own personal values and beliefs” and provides a “strong moral foundation for informed
 8 consent, in which a patient, adequately informed about her medical condition and the available
 9 therapies, freely chooses specific treatments or nontreatment.”²⁸

10 ACOG’s Code of Professional Ethics and the AMA’s Code of Medical Ethics
 11 unequivocally prioritize the patient’s welfare.²⁹ Medical providers are ethically required to
 12 provide a patient with “pertinent medical facts and recommendations consistent with good
 13 medical practice.”³⁰ In the context of pregnancy, medical practices should provide “complete,
 14 medically accurate and unbiased information and resources for all of their pregnancy options,”
 15 including prenatal care, abortion, and other options for which the patient may want information.³¹
 16 According to standards of care and medical guidance, patients who desire to continue a pregnancy
 17 to term should be referred for prenatal care. Pregnant patients who are ambivalent about their

18 ²⁷ ACOG, Committee on Ethics, *Opinion No. 390: Ethical Decision Making in Obstetrics and*
 19 *Gynecology*, 110 OBSTETRICS & GYNECOLOGY 1479, 1481 (2007), available at
 20 [https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-](https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Ethical-Decision-Making-in-Obstetrics-and-Gynecology)
 21 [Ethics/Ethical-Decision-Making-in-Obstetrics-and-Gynecology](https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Ethical-Decision-Making-in-Obstetrics-and-Gynecology) (reaffirmed in 2016).

22 ²⁸ *Id.*

23 ²⁹ ACOG, CODE OF PROFESSIONAL ETHICS, *supra* note 3, at 1–2; AMA, AMA CODE OF MEDICAL
 24 ETHICS, *supra* note 23.

25 ³⁰ ACOG, CODE OF PROFESSIONAL ETHICS, *supra* note 3, at 2.

26 ³¹ Kinsey Hasstedt, *Unbiased Information on and Referral for All Pregnancy Options Are*
 27 *Essential to Informed Consent in Reproductive Health Care*, 21 GUTTMACHER POL’Y REV. 1, 1
 28 (2018), available at https://www.guttmacher.org/sites/default/files/article_files/gpr2100118.pdf;
 ACOG, CODE OF PROFESSIONAL ETHICS, *supra* note 3, at 2; ACOG, Comm. on Ethics, *Ethical*
Decision Making in Obstetrics and Gynecology, *supra* note 27; ACOG, Comm. on Ethics,
Opinion No. 439, Informed Consent, 114 OBSTETRICS & GYNECOLOGY 401, 407 (2009), available
 at <https://www.acog.org/-/media/Committee-Opinions/Committee-on-Ethics/co439.pdf>
 (reaffirmed in 2015).

1 pregnancy or unsure about the next steps they would like to take should be offered full information
2 about their options in a neutral and balanced way. Such options include continuing the pregnancy
3 to term (and either raising the child or placing the child for adoption) or terminating the
4 pregnancy.³² After learning of her options, if the patient desires to continue the pregnancy to
5 term, the proper course of care would be to refer her for prenatal care and, if she is contemplating
6 adoption, provide information on services related to adoption.³³ If the patient wishes to obtain an
7 abortion or states that she is considering doing so, then a provider should refer the patient to
8 another provider who can discuss with the patient her options for terminating her pregnancy, and
9 provide her with the appropriate abortion care. Prenatal care is not medically indicated for patients
10 who wish to terminate their pregnancies.

11 Consistent with recognized principles of medical ethics, the prior Title X regulations
12 promulgated in 2000 required practitioners to offer patients the opportunity to receive neutral,
13 factual information and nondirective counseling on each of the patient's options—including
14 prenatal care and delivery; infant care, foster care, or adoption; and pregnancy termination—and
15 then, if requested, to provide the patient with additional counseling regarding the care she seeks.³⁴
16 The Final Rule eliminates these protections in favor of new provisions that, while purporting to
17 be “nondirective,”³⁵ are anything but nondirective.

18 Under the Final Rule, when a patient expressly states that she is seeking abortion care, the
19 provider is required to provide the patient with a referral to prenatal care—even if the patient has
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21 ³² ACOG Executive Board, *Abortion Policy 2014 STATEMENT OF POLICY 1*, available at
22 <https://www.acog.org/-/media/Statements-of-Policy/Public/sop069.pdf>; see also ACOG, Comm.
23 on Ethics, *Opinion No. 528, Adoption*, 119 OBSTETRICS & GYNECOLOGY 1320, 1320 (2012),
available at [https://www.acog.org/Clinical-Guidance-and-Publications/Committee-
Opinions/Committee-on-Ethics/Adoption](https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Adoption) (reaffirmed in 2018).

24 ³³ ACOG, *FAQ 168: Pregnancy Choices: Raising the Baby, Adoption, and Abortion* (2013),
25 available at [https://www.acog.org/Patients/FAQs/Pregnancy-Choices-Raising-the-Baby-
Adoption-and-Abortion](https://www.acog.org/Patients/FAQs/Pregnancy-Choices-Raising-the-Baby-Adoption-and-Abortion).

26 ³⁴ Standards of Compliance for Abortion-Related Services in Family Planning Services Projects,
27 65 Fed. Reg. 41,270, 41,279 (Jul. 3, 2000) (codified at 42 C.F.R. § 59.5(a)(5)).

28 ³⁵ See, e.g., 84 Fed. Reg. at 7789 (to be codified at 42 C.F.R. § 59.14(b)(1)(i)); *id.* at 7716.

1 explicitly stated that she does not want the referral.³⁶ The provider cannot provide the patient
 2 with a referral for abortion services.³⁷ As explained above, prenatal care is not a medically
 3 indicated course of care for a patient seeking to terminate a pregnancy.

4 The Final Rule also restricts a provider’s ability to discuss abortion care with a patient
 5 who seeks information about pregnancy termination.³⁸ For example, the practitioner may provide
 6 a list that “may include licensed, qualified, comprehensive primary health care providers
 7 (including providers of prenatal care), some, but not the majority, of which also provide abortion
 8 as part of their comprehensive health care services.”³⁹ However, not only must the list include a
 9 “majority” of providers that do not provide abortion services, “neither the list nor project staff
 10 may identify which providers on the list perform abortion.”⁴⁰ The fact that the list of referrals is
 11 required to contain information about care that a patient does not need is confusing and
 12 misleading—especially for those vulnerable patients who may not have the resources to research
 13 the providers on the list.

14 Thus, the Final Rule restricts providers from offering care in accordance with the needs
 15 and desires of patients, and instead requires that providers direct patients toward a course of care
 16 (*i.e.*, prenatal care) even in cases where the care is neither desired nor necessary.

17 **B. The Final Rule Interferes with the Ability of Providers to Render Care**
 18 **Consistent With Their Best Medical Judgment and Undermines the Patient-**
 19 **Provider Relationship**

20 The patient-provider relationship is essential to the provision of safe and quality medical
 21 care. It is the bedrock of medical practice. Patients expect medically accurate, comprehensive
 22 information from their medical providers. Indeed, the ability of providers to effectively and
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24 ³⁶ *Id.* at 7789 (to be codified at 42 C.F.R. § 59.14(b)(1)).

25 ³⁷ *Id.* at 7787–90 (to be codified at 42 C.F.R. §§ 59.5(a)(5), 59.14, 59.16).

26 ³⁸ *See id.* at 7724, 7744, 7787–90 (to be codified at 42 C.F.R. §§ 59.5(a)(5), 59.14, 59.16).

27 ³⁹ *Id.* at 7789 (to be codified at 42 C.F.R. § 59.14(c)(2)).

28 ⁴⁰ *Id.*

1 compassionately communicate information to patients is critical to a successful and safe patient-
2 provider relationship.⁴¹ Both the United States Supreme Court and federal appellate jurisprudence
3 echo these ethical concerns. The Supreme Court has recently recognized that in medicine, the
4 “free flow” of information “can save lives” and is therefore extremely important to safeguard.⁴²
5 The Ninth Circuit has likewise emphasized that “[a]n integral component of the practice of
6 medicine is the communication between a doctor and a patient” and “[p]hysicians must be able to
7 speak frankly and openly with patients.”⁴³

8 In dictating the way medical professionals treat and communicate with their patients, the
9 Final Rule undermines full, frank, and open communications that are the foundation of the patient-
10 provider relationship. For example, medical professionals should never have to “prescribe,
11 provide, or seek compensation for therapies that are of no benefit to the patient.”⁴⁴ Yet, the Final
12 Rule requires a referral to prenatal care that is of no benefit to a patient seeking abortion care, and
13 bars referrals to the abortion care sought by the patient. As noted above, prenatal care is not
14 medically indicated or beneficial for a patient seeking to terminate a pregnancy. Moreover, a
15 provider may, in his or her medical judgment, believe it would be best to refer a patient wishing
16 to terminate a pregnancy to a gynecological practice that offers abortion care but that does not
17 offer “comprehensive primary health care.” However, under the counseling restrictions in the
18 Final Rule, a provider would not be able to make any such referral for abortion care, let alone a
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22 ⁴¹ ACOG, Comm. on Patient Safety and Quality Improvement and Committee on Health Care for
23 Underserved Women, *Committee Opinion No. 587, Effective Patient-Physician Communication*,
24 123 OBSTETRICS & GYNECOLOGY 389, 389 (2014), available at <https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Effective-Patient-Physician-Communication>.

25 ⁴² *Sorrell v. IMS Health Inc.*, 564 U.S. 552, 566 (2011).

26 ⁴³ *Conant v. Walters*, 309 F.3d 629, 636 (9th Cir. 2002) (striking down a federal policy which
27 threatened to revoke doctors’ DEA prescription authority if they recommended medical marijuana
to patients).

28 ⁴⁴ ACOG, Comm. on Ethics, *Informed Consent*, *supra* note 31, at 7.

1 referral to a specialized reproductive health care provider—even if it is what he or she believes is
2 in the best interest of the patient.⁴⁵

3 The Final Rule’s intrusion on the patient-provider relationship will substantially and
4 detrimentally impact the low-income and adolescent women who turn to Title X providers for
5 their care. Indeed, rates of adverse reproductive health outcomes are higher among low-income
6 and minority women.⁴⁶ The counseling restrictions in the Final Rule will exacerbate these
7 inequities and lead to delays in care. Accordingly, the Court should enjoin these harmful and
8 unnecessary restrictions that prevent medical professionals from caring for patients in accordance
9 with their best medical judgment.

10 **C. The Final Rule Undermines the Patient-Provider Relationship for**
11 **Adolescents Who Seek Reproductive Healthcare**

12 The detrimental effect the Final Rule has on the patient-provider relationship between
13 adolescents and their health care providers merits special emphasis. Adolescents have the highest
14 rate of unintended pregnancy of any age group in the United States.⁴⁷ Increased access to
15 contraceptive and sexual health care for adolescents has been directly attributed to the reduction
16 in rates of unplanned pregnancy and STIs.⁴⁸ While *Amici* recognize and embrace the value in
17 involving family as much as possible in the care of adolescents, considerable evidence shows that
18 many young people would forgo contraceptive and STI services if they could not obtain such care
19 confidentially, while remaining sexually active, and therefore would be at greater risk for negative
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21 ⁴⁵ 84 Fed. Reg. at 7789 (to be codified at 42 C.F.R. § 59.14(c)).

22 ⁴⁶ ACOG, Comm. on Health Care for Underserved Women, *Access to Contraception*, *supra* note
23 1, at 254.

24 ⁴⁷ *Fact Sheet: Unintended Pregnancy in the United States*, GUTTMACHER INST. at 1 (Jan. 2019),
25 available at <https://www.guttmacher.org/sites/default/files/factsheet/fb-unintended-pregnancy-us.pdf>.

26 ⁴⁸ ACOG, Comm. on Adolescent Health Care, *Committee Opinion No. 699, Adolescent*
27 *Pregnancy, Contraception, and Sexual Activity*, 129 OBSTETRICS & GYNECOLOGY 142, 143, 146
28 (2017), available at <https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Adolescent-Health-Care/Adolescent-Pregnancy-Contraception-and-Sexual-Activity>.

1 sexual and reproductive health outcomes.⁴⁹ The guarantee of confidentiality for many young
 2 women in particular is critical in order for them to obtain the methods of contraception that work
 3 best for them.⁵⁰

4 The Final Rule undermines confidentiality protections for adolescents seeking family
 5 planning care, including care relating to pregnancy, contraception, and the prevention of STIs.
 6 Title X regulations have long required that medical providers encourage family participation in
 7 the provision of reproductive health care.⁵¹ However, the Final Rule heightens a provider’s
 8 obligations for encouraging family participation by requiring, for the first time, that providers take
 9 “specific action” (and document such action) to encourage a minor to involve her or his family,
 10 except in circumstances of abuse.⁵² This additional requirement is not supported by medical
 11 science. When taking a health history, clinicians sometimes learn of circumstances (short of
 12 abuse) in a minor’s family that make it not practical, unrealistic, or perhaps even harmful, to
 13 encourage the minor to involve her parents or guardian.⁵³ In these situations, providers should
 14 not be required to take “specific actions” to encourage the minor to do so (and then document
 15

16 ⁴⁹ Kinsey Hasstedt, *Ensuring Adolescents’ Ability to Obtain Confidential Family Planning*
 17 *Services in Title X*, 21 GUTTMACHER POL’Y REV. 48, 50 (2018), available at
 18 [https://www.guttmacher.org/gpr/2018/11/ensuring-adolescents-ability-obtain-confidential-](https://www.guttmacher.org/gpr/2018/11/ensuring-adolescents-ability-obtain-confidential-family-planning-services-title-x)
 19 [family-planning-services-title-x](https://www.guttmacher.org/gpr/2018/11/ensuring-adolescents-ability-obtain-confidential-family-planning-services-title-x).

20 ⁵⁰ Megan L. Kavanaugh et al., *Use of Health Insurance Among Clients Seeking Contraceptive*
 21 *Services at Title X-Funded Facilities in 2016*, 50 PERSP. ON SEXUAL & REPROD. HEALTH 101, 108
 22 (2018) (“Over half of younger clients with insurance indicated that they would not use it to cover
 23 the services because of confidentiality concerns.”).

24 ⁵¹ See 42 U.S.C. § 300 (2012).

25 ⁵² 84 Fed. Reg. at 7787 (to be codified at 42 C.F.R. § 59.2 (definition of “low income family”).

26 ⁵³ See AMA, AMA Council on Ethical and Judicial Affairs, *The American Medical Association*
 27 *Code of Medical Ethics’ Opinions on Confidential Care for Sexually Active Minors and*
 28 *Physicians’ Exercise of Conscience in Refusal of Services: Opinion 5.055 – Confidential Care for*
Minors, 14 AMA J. ETHICS 118, 118 (2012), available at [https://journalofethics.ama-](https://journalofethics.ama-assn.org/sites/journalofethics.ama-assn.org/files/2018-05/coet1-1202.pdf)
[assn.org/sites/journalofethics.ama-assn.org/files/2018-05/coet1-1202.pdf](https://journalofethics.ama-assn.org/sites/journalofethics.ama-assn.org/files/2018-05/coet1-1202.pdf) (“When an immature
 minor requests contraceptive services . . . physicians must recognize that requiring parental
 involvement may be counterproductive to the health of the patient.”); *Policy: Confidentiality,*
Patient/Physician, AMERICAN ACADEMY OF FAMILY PHYSICIANS (2018), available at
<https://www.aafp.org/about/policies/all/patient-confidentiality.html> (“Only in a setting of trust
 can a patient share the private feelings and personal history that enable the physician to
 comprehend fully, to diagnose logically, and to treat properly.”).

1 those specific actions) as the Final Rule requires.⁵⁴ Requiring providers to document “specific
 2 actions” in such circumstances may drive some adolescents away from returning for critical health
 3 care services, including contraception and testing and treatment for STIs.⁵⁵

4 * * *

5 In short, the Final Rule’s requirement that a patient seeking pregnancy termination be
 6 referred for prenatal care—care that is medically unnecessary and that the patient may not
 7 desire—is inconsistent with bedrock ethics principles that have guided the medical profession for
 8 centuries. The Final Rule’s requirements also stand to compromise the quality of care that patients
 9 will receive. The Court should enjoin these extreme regulations on the practice of medicine and
 10 permit providers to render neutral care consistent with their best medical judgment and their
 11 patients’ desires.

12 **III. THE FINAL RULE IMPOSES ADDITIONAL MEDICALLY UNNECESSARY**
 13 **RESTRICTIONS ON ACCESS TO EVIDENCE-BASED REPRODUCTIVE**
 14 **HEALTH CARE**

15 *Amici* oppose medically unnecessary regulations that restrict access to reproductive health
 16 care through adding administrative burdens and obstacles that are so costly that providers may
 17 have to stop rendering care. The Final Rule contains a number of such administrative
 18 requirements for which there is no medical basis. As a result of the costs associated with these
 19 requirements, the reproductive healthcare provided to millions of Americans who rely on Title X
 20 will be severely compromised or eliminated altogether. Accordingly, the Court should issue an
 21 injunction to prevent this irreparable harm.

22 _____
 23 ⁵⁴ 84 Fed. Reg. at 7787-8 (to be codified at 42 C.F.R. §§ 59.2, 59.5(a)(14)).

24 ⁵⁵ Liza Fuentes et al., *Adolescents’ and Young Adults’ Reports of Barriers to Confidential Health*
 25 *Care and Receipt of Contraceptive Services*, 62 J. ADOLESCENT HEALTH 36, 38 (2018), available
 26 at <https://www.ncbi.nlm.nih.gov/pubmed/29157859>; Rachel K. Jones et al., *Adolescents’ Reports*
 27 *of Parental Knowledge of Adolescents’ Use of Sexual Health Services and Their Reactions to*
 28 *Mandated Parental Notification for Prescription Contraception*, 293 JAMA 340, 347 (2005),
 available at http://www.jblei.com/documents/notes/notes/5_PH_Jones%20et%20al.%202005.pdf; Diane M. Reddy et al., *Effect of Mandatory Parental*
Notification on Adolescent Girls’ Use of Sexual Health Care Services, 288 JAMA 710, 713
 (2002), available at <https://www.ncbi.nlm.nih.gov/pubmed/12169074>.

1 **A. The Restriction on Who Can Provide “Nondirective” Counseling Limits**
 2 **Access to Such Counseling**

3 The Final Rule restricts which medical professionals are permitted to provide purportedly
 4 “nondirective” pregnancy counseling by permitting only physicians or advanced practice
 5 providers (“APPs”) to do so.⁵⁶ As a result, registered nurses and healthcare assistants, who do
 6 not qualify as APPs under the Final Rule, are no longer permitted to provide nondirective
 7 pregnancy counseling. By contrast, any member of the staff at a Title X project can provide lists
 8 of prenatal care providers, referrals to social services or adoption agencies, or information about
 9 maintaining the health of the “mother and unborn child during pregnancy.”⁵⁷

10 This restriction is not supported by medical reasoning. Medical professional staff are
 11 competent to counsel patients regarding pregnancy options. In 2017, HHS reported that
 12 professional medical staff, such as registered nurses and healthcare assistants, provided 22% of
 13 Title X family planning counseling.⁵⁸ These trained practitioners are qualified to provide
 14 counseling and referrals to patients.

15 This restriction will undermine patient access to nondirective counseling by creating
 16 administrative burdens on Title X providers, which operate on extremely limited budgets and
 17 employ non-physicians to provide much-needed pregnancy counseling.⁵⁹ Many Title X providers
 18 rely on these staff to provide critical reproductive health services, particularly due to the
 19 nationwide shortage in physicians.⁶⁰ If only APPs and physicians are allowed to provide
 20

21
 22 ⁵⁶ 84 Fed. Reg. at 7728 (“The Department defines APPs to include those medical professionals
 23 who receive at least a graduate level degree in the relevant medical field and maintain a federal
 or State-level certification and licensure to diagnose, treat, and counsel patients.”).

24 ⁵⁷ *Id.* at 7789 (to be codified at 42 C.F.R. § 59.14(b)(1)(iv)). Separately, the term “unborn child”
 25 is not a medical term but rather an ideological term that does not align with evidence-based
 medicine, and should not be used to govern a federal public health program.

26 ⁵⁸ TITLE X ANNUAL REPORT, *supra* note 14, at 50–51.

27 ⁵⁹ *Id.* at 49.

28 ⁶⁰ RAYBURN, *supra* note 22, at 4, 12; DALL, *supra* note 22, at v; Petterson, *supra* note 22, at 507.

1 nondirective counseling, patients will be unable to obtain such counseling in those counties if
2 there is no Title X physician or APP available.⁶¹

3 **B. There Is No Medical Basis for the “Close Physical Proximity” Requirement**
4 **and Such a Requirement Threatens Access to Healthcare in Rural Areas**

5 The Final Rule requires Title X funding recipients to either offer “comprehensive primary
6 health services onsite or have a robust referral linkage with primary health providers who are in
7 close physical proximity.”⁶² The Final Rule does not define “close physical proximity,” and there
8 is no medical or scientific basis for the requirement. If the Final Rule is not enjoined, any Title
9 X project that offers only specialty care (such as family planning or gynecology) and not primary
10 care may not qualify for funding if it is not located near a primary health provider.

11 Some stand-alone family planning clinics are the only healthcare providers in rural areas,
12 and their closure will force many patients to go without care. Indeed, residents in rural areas are
13 more likely to be poor, lack health insurance, or rely substantially on Medicaid and Medicare;
14 they also travel longer distances to receive care or to access a range of medical, dental, and mental
15 health specialty services.⁶³ Less than one-half of women living in rural areas live within a 30-
16 minute drive to the nearest hospital offering perinatal services.⁶⁴ A recent study, noting Title X
17 clinics are the “backbone” of family planning care for low-income women, found that there are
18 already significant disparities in the accessibility of family planning services in rural versus urban
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23 ⁶¹ RAYBURN, *supra* note 22, at 9 (“Medical needs of the U.S. adult female population during the
next decade cannot be met by ob-gyns, family physicians, and general internists alone.”).

24 ⁶² 84 Fed. Reg. at 7788 (to be codified at 42 C.F.R. § 59.5(a)(12)).

25 ⁶³ ACOG, Comm. on Health Care for Underserved Women, *Opinion No. 586: Health Disparities*
26 *in Rural Women*, 123 *Obstetrics & Gynecology* 384, 385 (2014), available at
27 <https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Health-Disparities-in-Rural-Women> (reaffirmed 2018).

28 ⁶⁴ *Id.*

1 areas.⁶⁵ Closures of stand-alone family planning clinics risks further diminishing access to care
2 in rural areas.

3 As the examples of Title X provider closures in Texas and Indiana illustrate, provider
4 closures negatively impact patient health outcomes.⁶⁶ Title X providers offer a range of important
5 and even life-saving care, including HIV screening, cancer screenings, and contraception. As
6 merely one example, closures of Title X-funded facilities in Indiana were followed by a dramatic
7 HIV outbreak.⁶⁷ Closure of these clinics could deprive patients of access to this critical care.

8 There is no basis to impose “proximity” requirements that could lead to the defunding of
9 many rural health clinics. Doing so runs counter to the statutory purpose of Title X, namely to
10 ensure the availability of family planning services.⁶⁸

11 **C. The Final Rule Risks Limiting Access to FDA-Approved Contraceptives by**
12 **Funding Providers of Ineffective and Unapproved Contraceptive Methods**

13 The Final Rule also contains terms that could restrict access to effective contraception
14 methods for low-income women. Title X projects are currently required to provide a “broad range
15 of acceptable and effective medically approved family planning methods (including natural
16 family planning methods) and services.”⁶⁹ Access to the “full range of FDA-approved
17 contraceptive methods” has likewise been deemed an essential feature of quality family planning
18 by the United States Office of Population Affairs, as well as the Center for Disease Control and
19 Prevention.⁷⁰

20 ⁶⁵ Summer L. Martins et al., *Differences in Family Planning Services by Rural-Urban Geography: Survey of Title X-Supported Clinics in Great Plains and Midwestern States*, 48 PERSP. ON SEXUAL
21 & REPROD. HEALTH 9, 15 (2016).

22 ⁶⁶ See *supra* Section I (discussing negative ramifications of Title X provider closures in Texas
23 and Indiana).

24 ⁶⁷ Hal C. Lawrence & Debra L. Ness, *Planned Parenthood Provides Essential Services That Improve Women’s Health*, 166 Ann. Intern Med. 443, 444 (2017).

25 ⁶⁸ Family Planning Services and Population Research Act of 1970, Pub. L. No. 91-572, § 2(1), 84
26 Stat. 1504 (1970).

27 ⁶⁹ 65 Fed. Reg. 41,278–79 (codified at 42 C.F.R. §59.5(a)(1)).

28 ⁷⁰ OFFICE OF POPULATION AFFAIRS, PROGRAM REQUIREMENTS FOR TITLE X, *supra* note 11, at 5; Loretta Gavin et al., PROVIDING QUALITY FAMILY PLANNING SERVICES: *Recommendations of CDC*

1 The Final Rule eliminates the former requirement that a provider must provide “medically
2 approved” family planning services in order to be offered in a Title X program.⁷¹ Consequently,
3 providers that offer *only* methods of contraception that are not FDA-approved, such as natural
4 family planning (“NFP”) and “other fertility-awareness based methods”—but do not also provide
5 FDA-approved methods of contraception—will be able to obtain Title X funding.⁷² Fertility-
6 awareness based methods, which are based on the timing of sex during a woman’s menstrual
7 cycle, are far less effective than other methods of contraception.⁷³ Allocating Title X funds to
8 providers of only these unapproved and less effective methods of contraception jeopardizes the
9 health of patients by reducing the number of providers who provide effective, evidence-based
10 contraception.

11 This lowered standard for Title X eligibility is particularly dangerous for vulnerable
12 populations. Adolescents and young adults, for whom long-acting reversible contraceptives
13 (“LARCs”)—considered the “first-line contraceptive choices for adolescents” by the AAP⁷⁴—
14 and other hormonal contraceptive methods have been associated with decreased rates of teen and
15 unintended pregnancy, may become unable to access these more effective methods of
16 contraception.⁷⁵ Other medically underserved women, including those who are low-income,
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18 *and the U.S. Office of Population Affairs, CTR. FOR DISEASE CONTROL & PREVENTION MORBIDITY*
19 *& MORTALITY WKLY. REP., Apr. 25, 2014, at 2, available at*
20 *https://www.cdc.gov/mmwr/pdf/rr/rr6304.pdf.*

21 ⁷¹ Compare 42 C.F.R. § 59.5, with 84 Fed. Reg. at 7787 (to be codified at 42 C.F.R. § 59.5).

22 ⁷² 84 Fed. Reg. at 7787 (to be codified at 42 C.F.R. § 59.5(a)(1)) (“A participating entity may
23 offer only a single method or a limited number of methods of family planning as long as the entire
24 project offers a broad range of such family planning methods and services.”).

25 ⁷³ ACOG, *FAQ 024: Fertility Awareness-Based Methods of Family Planning* (Jan. 2019),
26 *available at* <https://www.acog.org/-/media/For-Patients/faq024.pdf>.

27 ⁷⁴ AAP Committee on Adolescents, *Contraception for Adolescents*, 134 PEDIATRICS e1244, e1251
28 (2014), *available at* <https://pediatrics.aappublications.org/content/pediatrics/134/4/e1244.full.pdf>.

⁷⁵ Sue Ricketts et al., *Game Change in Colorado: Widespread Use of Long-acting Reversible
Contraceptives and Rapid Decline in Births Among Young, Low-income Women*, 46 PERSP. ON
SEXUAL & REPROD. HEALTH 125, 129–30 (2014), *available at* <https://pdfs.semanticscholar.org/4031/85ea5104c36dfab5ba3653cd8a7737b8bdd1.pdf>; Gina M. Secura et al., *Provision of No-*

1 already experience the highest rates of unintended pregnancy and abortion,⁷⁶ and could be
2 disproportionately left without alternate sources of contraception. Indeed, when qualified
3 providers of services who offered effective contraception were previously prevented from serving
4 low-income patients, the number of women using the most effective methods of birth control
5 decreased by 35% and the number of births covered by Medicaid increased by 27%.⁷⁷ Because
6 this shift in Title X's focus will have irreparable detrimental effects on many patients, including
7 the most vulnerable, and is not medically justified, *Amici* also oppose this provision of the Final
8 Rule.

9 **CONCLUSION**

10 For the foregoing reasons, the Final Rule will cause irreparable harm to the ability of
11 health care professionals to provide evidence-based quality reproductive health care to their
12 patients. *Amici* urge the Court to enjoin implementation of the Final Rule.

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25 *cost, Long-acting Contraception and Teenage Pregnancy*, 371 NEW ENG. J. MED. 1316, 1320–22
26 (2014), available at <https://core.ac.uk/download/pdf/70384838.pdf>.

27 ⁷⁶ *Finer & Zolna*, *supra* note 16, at 849.

28 ⁷⁷ *Stevenson et al.*, *supra* note 20, at 853.

1 Date: April 8, 2019
2 Respectfully submitted,

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UNITED STATES DISTRICT COURT
NORTHERN DISTRICT OF CALIFORNIA
SAN FRANCISCO DIVISION

STATE OF CALIFORNIA, by and through
ATTORNEY GENERAL XAVIER
BECERRA,

Plaintiffs,

v.

ALEX M. AZAR II, in his OFFICIAL
CAPACITY as SECRETARY of the U.S.
DEPARTMENT of HEALTH & HUMAN
SERVICES; U.S. DEPARTMENT OF
HEALTH & HUMAN SERVICES,

Defendants.

) Case No. 3:19-cv-01184-EMC

) **[PROPOSED] ORDER GRANTING**
) **CONSENTED MOTION FOR LEAVE TO**
) **APPEAR AS *AMICI CURIAE* AND TO**
) **FILE AN *AMICUS* BRIEF IN SUPPORT**
) **OF PLAINTIFF'S MOTION FOR A**
) **PRELIMINARY INJUNCTION**

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[PROPOSED] ORDER

On April 8, 2019, the American College of Obstetricians and Gynecologists (“ACOG”), the American Academy of Pediatrics (“AAP”), the American College of Physicians (“ACP”), the Society for Adolescent Health Medicine (“SAHM”), and the Society for Maternal-Fetal Medicine (“SMFM”) (collectively, “Amici”) filed a Consent Motion for Leave to Appear as *Amici Curiae* and to File an *Amicus* Brief in Support of Plaintiffs’ Motion for Preliminary Injunction. Having considered the pleadings and papers filed in connection therewith and all other matters presented to the Court, and good cause having been shown:

It is hereby ORDERED that the Motion is GRANTED. The *Amicus* Brief attached as Exhibit A to *Amici*’s motion is deemed filed and served as of this date.

IT IS SO ORDERED.

Date: _____

The Honorable Edward M. Chen